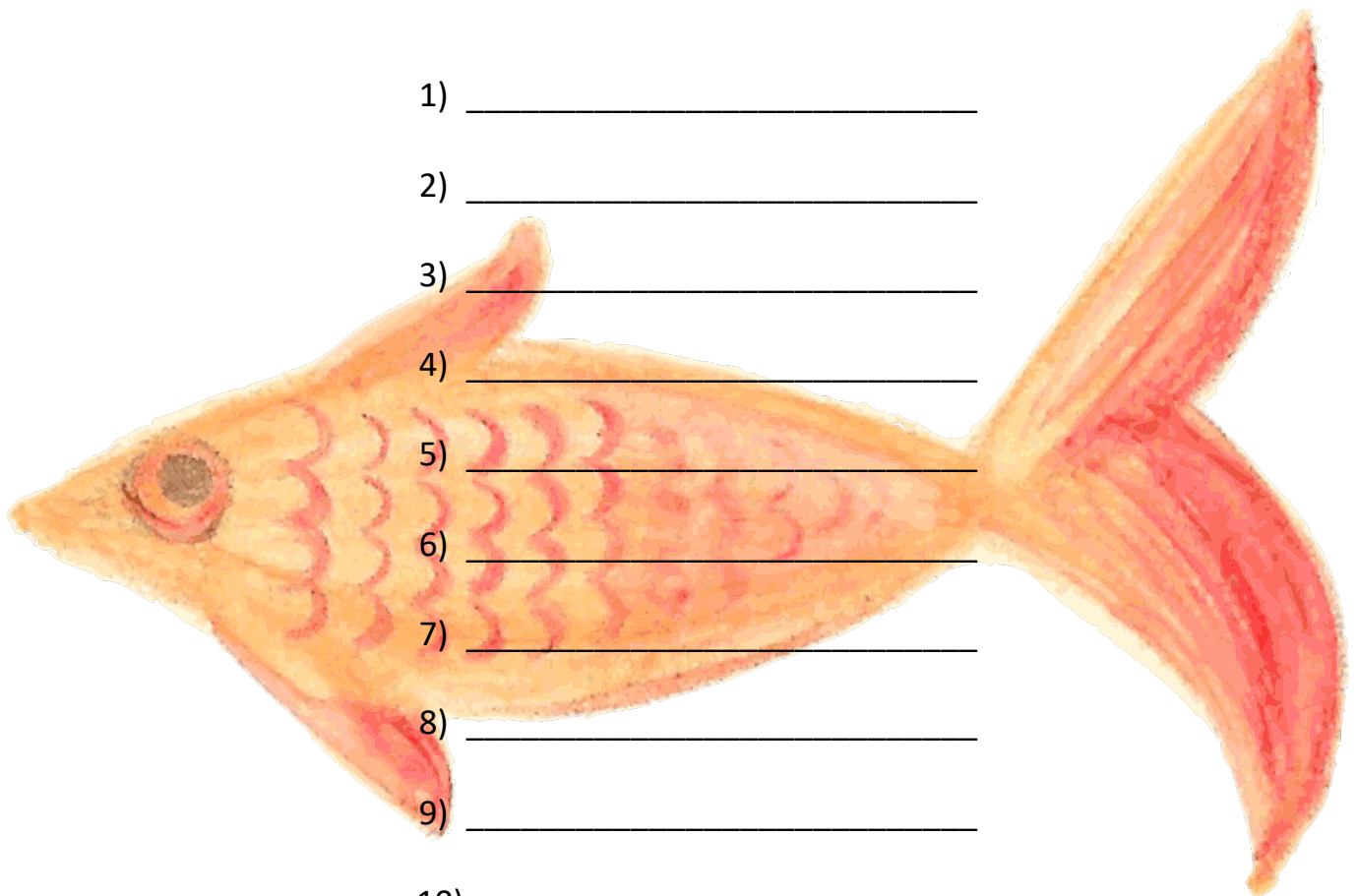




The Plastics Game

Write down 10 things you made use of this week
that are made of plastic:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____
- 7) _____
- 8) _____
- 9) _____
- 10) _____



Some ideas:

- Toothbrush, • smartphone case, • bowls, • hairbrush, • shampoo or lotion container,
- TV remote control, • pen, • plastic wrap, • take-out cup, • straw, • plastic grocery bag,
- toys, • fleece clothing, • water bottle, • jewelry, • sunglasses, • flip flops, • parts of your car...

Ways to Reduce Plastic



Bamboo or recycled plastic toothbrushes (sold at health food stores)

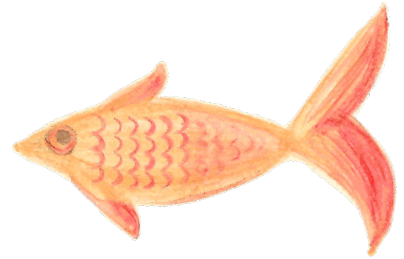
Bamboo or canvas smart phone case

Paper party supplies, e.g. plates, cups and decorations

Biodegradable or reusable cups, forks, knives and spoons

Wax paper

Glass storage bowls with lids



Bring your own reusable bag

Buy toys made of wood or recycled plastic

Wear clothing made of natural fabrics

Glass or recyclable body care product containers

*Jewelry made of biodegradable materials or metal—
e.g. wood, paper, recycled metals, glass, etc.*

Canvas or natural/recycled rubber flip flops and yoga gear

Sunglasses made of bamboo or metal

Bar shampoo instead of shampoo in plastic container